

Retreat Weekend

January 23rd-25th, 2026, The Bield at Blackruthven, Perthshire

Cost: £295 per person, includes two nights accommodation, all meals and the use of all Bield facilities

“Come with me, by yourselves, to a quiet place and get some rest.” (Mark 6:31)

This facilitated retreat weekend is an opportunity to respond to Jesus’ invitation, to pause in the busyness of life. Sometimes we need to slow down before we can consider “being” rather than “doing”, to sense what we might be invited into in the year to come. The weekend will feature times of guided reflection exploring **rest**, **becoming** and **walking more closely** with the One who invites us.

The weekend will be hosted and facilitated by Susan Mansfield. Susan is an experienced retreat leader and spiritual director trained in the Ignatian tradition who has been running retreats, Quiet Days and reflective walks in Edinburgh since 2010. She trained in contemplative spirituality and spiritual direction with the Epiphany Group and Ignatian Spirituality Centre, Glasgow. The spirituality of St Ignatius is at the heart of what she offers, but she also draws on a number of other contemplative and creative traditions. For more information, please visit the “About me” page on www.heartinpilgrimage.org.uk.

The Weekend

We’ll start at 4pm on Friday 23rd January (The Bield asks us to arrive by 3.30pm if possible, but we can accommodate anyone who needs to arrive later) and finish at 3.30pm on Sunday 25th. The weekend will include a mixture of input, personal and guided reflection and plenty of space and time to rest and enjoy the grounds and facilities at the Bield.

Costs

The total cost for the weekend is £295 per person, which includes all the facilitation, printed material, two nights accommodation, meals and the use of all Bield facilities. There is a deposit of £50 which is payable at time of booking to secure your place.

The deadline for bookings is Friday 21st November 2025. The balance must be paid by that date.

Cancellation policy: Deposits are refundable up until 21st November. If you cancel after that date, you can only be refunded if your place on the retreat is filled. This is due to The Bield’s cancellation policies.

Payments can be made by BACS transfer to Susan Mansfield, Sort code 09-01-28, Account no 56224426. If you’d rather pay another way, that’s no problem, just let me know.

Venue

The Bield is a Christian retreat centre set in parkland near the village of Tibbermore on the outskirts of Perth. It is accessible by taxi from Perth railway station. As well as beautiful grounds, gardens and a woodland area to walk in, it has two labyrinths (one accessible for wheelchair users), a well-stocked art room and a heated swimming pool. There is morning and evening prayer in the chapel which we are welcome to join. For more information on the Bield, visit www.bieldatblackruthven.org.uk

Accommodation

The Bield offers a mixture of comfortable single and double, en-suite and non-en-suite rooms. Some of the rooms which are not en-suite have wash hand basins. There is one bedroom on the ground floor with accessible facilities. You will have the opportunity to say what kind of room you prefer, however it might not be possible to offer everyone their ideal preference.

Booking

To book, email Susan Mansfield on info@heartinpilgrimage.org.uk. Before the retreat, you will be invited to fill in an online form — this is not an application, but is intended to provide a little background information to help prepare material which best suits everyone in the group.

If you have any further questions, please don’t hesitate to contact me.