

Retreat Weekend

January 22nd-24th 2027, The Bield at Blackruthven, Perthshire

Cost: £310 per person, includes two nights full board, guided retreat and the use of all Bield facilities

Rest, Remain, Restore, Renew

This residential retreat weekend is an invitation to pause, rest and be still and to reconnect with the Source of refreshment. It's a chance to take time out at the beginning of a new year, restore our energy and renew our vision. Whatever lies ahead, whether changes or decisions or just more of life, this is a chance to focus on the foundation, the ground in which we're rooted — and in which we grow.

The Weekend

You can arrive from 3pm on Friday 22nd January (The Bield asks us to arrive by 3.30pm if possible, but we can accommodate anyone who needs to arrive later). We will finish at 3pm on Sunday 24th. The weekend will include a mixture of input, personal and guided reflection and plenty of space and time to rest and enjoy the grounds and facilities at the Bield.

The Facilitator

The weekend will be hosted and facilitated by Susan Mansfield. Susan is an experienced retreat leader and spiritual director trained in the Ignatian tradition who has been running retreats, Quiet Days and reflective walks since 2010. She trained in contemplative spirituality and spiritual direction with the Epiphany Group and Ignatian Spirituality Centre, Glasgow. The spirituality of St Ignatius is at the heart of what she offers, but she also draws on a number of other contemplative traditions and on her experience of the creative arts.

Venue

The Bield is a Christian retreat centre set in parkland near the village of Tibbermore on the outskirts of Perth. It is accessible by taxi from Perth railway station. As well as beautiful grounds, gardens and a woodland area to walk in, it has two labyrinths (one accessible for wheelchair users), a well-stocked art room, a cosy lounge with a log fire and a heated swimming pool. There is morning and evening prayer in the chapel which we are welcome to join. For more information on the Bield, visit www.bieldatblackruthven.org.uk

Accommodation

The Bield offers a mixture of comfortable single and double, en-suite and non-en-suite rooms. Some of the rooms which are not en-suite have wash hand basins. There is one bedroom on the ground floor with accessible facilities. You will have the opportunity to say what kind of room you prefer, however it might not be possible to offer everyone their ideal preference.

Costs

The total cost for the weekend is £310 per person, which includes the facilitation, printed material, two nights full-board and the use of all Bield facilities. There is a deposit of £50 which is payable at time of booking to secure your place.

The deadline for bookings is Friday 20th November 2025. The balance must be paid by December 1st.

Cancellation policy: Deposits are refundable up until 20th November. If you cancel after that date, you can only be refunded if your place on the retreat is filled. This is due to The Bield's cancellation policies.

Payments can be made by BACS transfer to Susan Mansfield, Sort code 09-01-28, Account no 56224426. If you'd rather pay another way, that's no problem, just let me know.

Booking

To book, email Susan Mansfield on info@heartinpilgrimage.org.uk. Before the retreat, you will be invited to fill in an online form — this is not an application, but is intended to provide a little background information to help prepare material which best suits everyone in the group.

If you have any further questions, please don't hesitate to contact me.